



कोहम् ?

Who am I ?



Panoramic View

SATSANG ASSOCIATION One Pleasant Street, Woburn, MA 01801 339-227-8022 www.satsangcenter.org satsangcenter1@yahoo.com satsangcenter1@gmail.com



Specially Designed for New York- Eastern Time Zone USA



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नूतन वर्षाभिर्नन्दन ! नये साल की हार्दिक शुभेच्छा ! Happy New Year - 2025 !

- 1. Daily Aarti (Darshan) Mon thru Fri @ 7:30 PM (7 to 8 PM). Sat - Sun @ 4:30 PM (4 to 5 PM). (Also on Zoom)
2. SATSANG Bal Gokulam : Every SUN 5 PM. 978-835-4020 vikas_aher@yahoo.com
3. SATSANG YOGA Sunday - 8 to 9:30 AM Pankaben Patel 781-334-2968.
4. Support some cause in Our Motherland BHARAT such as www.EKAL.ORG, support a child by www.vhp-americas.org
5. Support SATSANG as Yearly Sponsor for \$501 + Sponsor other SATSANG's Programs. Suggest to gift (नेत्र) Total over \$2025.

New Web site : Working www.satsangcenter.org

UPCOMING EVENTS 2025

Table with 5 columns: Date, Day, Event Name, Description, Time. Rows include Bharat Mata, Vasant Panchami, Maha Shiv Ratri, Holi, Akhand Ramayan Path, Shri Ram Navmi, Hanuman Janma-Maruti Mahayagya, Shri Satya Narayan Maha Puja, Gayatri Deep Pujan - Yagya, Guru Purnima, PATOTSAV, Shri Janmashtami - Bhajan, Kevda Trij, Shri Ganesh Utsav - Anand Chaudash, Shri Ganesh - Bhajan, Navratri Garba - Dasher, Sharad Purnima, Karwa Chauth, Diwali - Annakut, Jalaram Jayanti, Tulsi Vivah, Geeta Jayanti - Unity of Religions.

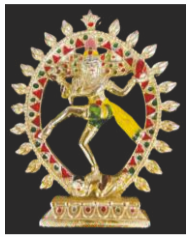
सत्य (Truth) - राम प्रेम (Love - Devotion) - दृष्टि करुणा (Compassion) - शिव



1. Somnāth - Guj. 2. Mallikārjuna - A.P. 3. Mahākāleshwar - M.P. 4. Omkāreshwar - M.P. 5. Parali - Mahārashtra. 6. Bhimāshankar - Mahārashtra.

आत्मषट्कम् निर्वाणषट्कम्

मनो बुद्ध्यहंकारचित्तानिनाहं, न च श्रोत्रजिह्वे न च घ्राणनेत्रे ।
 न च व्योम भूमिं न तेजो न वायुः, चिदानंदरूपः शिवोहम् शिवोहम् ॥ १ ॥
 न च प्राणसंज्ञो न वै पंचवायु, न वा सप्तधातुर्न वा पंचकोश
 न वाक्-पाणिपादौ न चोपस्थपायूः चिदानंदरूपः शिवोहम् शिवोहम् ॥ २ ॥
 न मे द्वेषरागौ न मे लोभमोहौ, मदो नैव मे नैव मात्सर्यभावः ।
 न धर्मो न चार्थो न कामो न भोक्षः, चिदानंदरूपः शिवोहम् शिवोहम् ॥ ३ ॥
 न पुण्यं न पापं न सौख्यं न दुःखं, न मंत्रो न तीर्थं न वेदा न यज्ञाः ।
 अहं भोजनं नैव भोज्यं न भोक्ता, चिदानंदरूपः शिवोहम् शिवोहम् ॥ ४ ॥
 न मे मृत्युशंका न मे जातिभेदः, पिता नैव मे नैव माता न जन्म ।
 न बंधुर्न मित्रं गुरुनैव शिष्यः, चिदानंदरूपः शिवोहम् शिवोहम् ॥ ५ ॥
 अहं निर्विकल्पो निराकर रूपो, विभुर्व्याप्य सर्वत्र सर्वेन्द्रियाणाम् ।
 सदा मे समत्वं न मुक्ति न बन्धः, चिदानंदरूपः शिवोहम् शिवोहम् ॥ ६ ॥



नटराज राज नमो नमः



Hold ॐ नमः शिवाय ॐ
 Exhale ॐ नमः शिवाय ॐ
 Inhale ॐ नमः शिवाय ॐ
 ध्यान - Meditation 22 Min.

1. I am not mind, nor intellect, nor ego, nor the reflections of inner self (Chitta – Sub Conscious Mind). I am not the five senses (Ears - Hearing, Tongue - Tasting, Nose - Smelling, Eyes - Seeing, (Skin -Touching), nor am I the five elements (Vyom – Sky, Bhumi – Earth, Tejo – Fire, Vāyu (Air) & Jal (Water)). I am really, the embodiment of That Consciousness and BLISS - Ānand, the auspicious (Shivam) pure consciousness.
 2. Neither can I be termed as energy (prāna), nor five types of breath (Vāyus - Prāna, Apāna, Vyāna, Udāna, Samāna), nor the Seven material essences, Dhātus are Plasma, Blood, Muscle, Fat, Bone, Bone Marrow and Reproductive fluid (Virya – Semon). In Āyurveda, they are called Sapta Dhātus - Rasa, Rakta, Māsa, Meda, Asthi, Majjā and Shukra nor the five sheaths (pancha-kosh) – Anna (Food) Maya, Prān (Energy) Maya, Mano (Mind) Maya, Vigyān (Intellegence – Buddhi) Maya and Ānand (Soul) Maya ! Maya meaning kosh. Neither am I the organ of Speech, nor the organs for Holding (Hand), Movement (Feet) or Excretion. I am really, the embodiment of That Consciousness and BLISS - Ānand, the auspicious (Shivam) pure consciousness.
 3. I have no hatred or dislike, nor affiliation or liking, nor greed, nor delusion, nor pride or haughtiness, nor feelings of jealousy. I have no duty (dharma), nor any purpose (artha), nor any desire (kāma), nor even liberation (moksh).
 4. I have neither Good deeds (virtue-punya), nor Sins (vice-pāp). I do not commit sins or good deeds, nor have Pleasure or pain. I do not need mantras, visiting Pilgrimage, scriptures (Vedas), rituals or sacrifices (yajñas). I am none of the triad of the observer – Seer or one who experiences, the process of observing – Seeing or experiencing, or any object being observed Scene or experienced. I am really, the embodiment of That Consciousness and BLISS - Ānand, the auspicious (Shivam) pure consciousness.
 5. I do not have fear of death, as I do not have death. nor have I discrimination on the basis of caste or creed. I am neither father nor mother, nor did I have a birth. I am neither Brother or Friend, Guru Nor Disciple, I am really, the embodiment of That Consciousness and BLISS - Ānand, the auspicious (Shivam) pure consciousness.
 6. Then who am I ? I am NOT Sankalp – Vikalp, nor I have attributes, nor I am embodiment of any Form, I am OmniPresent like SunRays, I am always in the state of Equanimity (Never get Disturbed...) I have No attachment for any Liberation or Bondage.... I am really, the embodiment of That Consciousness and BLISS - Ānand, the auspicious (Shivam) pure consciousness.

ĀtmaShatakam NirvānShatakam

ĀtmaShatakam – NirvānShatakam: Composed by ĀdiGuru Sri Shankarāchāry 800 AD. This Shatakam – Six Stenza represent the Essence of Gyān Yoga – Yoga of Knowledge. Shraavanam – Listen, Mananam – Ruminant Over & Over again, Nididhyāsanam ; eventually turn into Dhyān – Meditation – the Gateway to Samādhi (the Ulimat State – The goal – Purpose of our Life !).



7. Rāmeshwaram-Tāmilnādu 8. Nagesham(Dwārka)-Gujarāt 9. Vishwanāth - U.P. 10. Triambakesam - Mahārashtra. 11. Kedār nāth - U.K. 12. Dhushneshwar - Mahārashtra.

Specialy Designed for New York-Eastern Time Zone USA

ईश्वर सत्य है, सत्य हि शिव है, शिव हि सुंदर है ... सत्यम् शिवम् सुंदरम् **February 2025** महा / श्रावण - २०८१

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JANUARY 2025 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Feb.(Shivji) Title Picture Sponsors : भारतीभेन परेशभाई ६६६२ डॉ. नितीशा विकास देसाई भाविनीभेन दिक्खीपभाई पटेव सुभद्रा जतिनदर शर्मा In Memory of Nirmala Ambubhai Zaveri by Shah, Parikh, Jhaveri & Zaveri families !		ॐ	A. There is no better Sādhanā (Spiritual Practice) than Prānāyām and No better Mantra than "ॐ". (Bābā Rāmdev) B. Continuous chanting Mentally "ॐ" with every Inhalation & "HUMMING" Exhalation.		वसंत पंचमी Vasant Panchami 5 PM
५ वसंत पंचमी २	६ ३	७ ४	८ ५	९ ६	१० ७	११ ८ महा सुद १
१२ ९	१३ Vishwakarmā Prabhu १०	१४ व्रतनी पूर्णिमा ११	१५ माघी पूर्णिमा १२	१६ महा वद १३	१७ Valentine's Day १४	१८ १५
१९ १६	२० Presidents Day १७	२१ १८	२२ Chhatrapati Shivaji १९	२३ २०	२४ २१	२५ २२
२६ २३	२७ २४	२८ २५	२९ २६	३० २७	३१ २८	MARCH 2025 S M T W T F S 30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29

सर्व धर्म एकता ॐ शिवम् शरणं गच्छामि । ॐ नमः शिवाय ॐ । ॐ Shivam Sharnam Gachchhāmi । ॐ Namh Shivāy ॐ

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Panchami marks the beginning of Vasant or spring according to the Hindu calendar. As per Hindu calendar it is celebrated on the fifth day of Māgha Mās.



Saraswati Mātā

As per Hindu beliefs Maa Saraswati the deity of learning, music and art was born on this day and thus to achieve wisdom and art from her, people celebrate Basant Panchami as Saraswati Pooja. This day is very auspicious; people start new work, get married or start anything new on this day.



Chhatrapati Shivaji



Holikā Dahan

The founder of the Marāthā Kingdom, Shivāji was born to be a natural leader and fighter on 19th February, 1630. Chhatrapati Shivāji was one of the bravest, most progressive and sensible rulers of India. He promoted concept of Hindu Rashtra (हिन्दु राष्ट्र).

Shivāji established a royal name for himself in history with his administrative skills by upholding the Swarājya values and the Marathā heritage. He was known for his bravery and tactics with which he won numerous wars against the Mughals.



Hold ॐ-Kār
ध्यान - Meditation 22 Min.



Maharshi Dayānanda Saraswati

Dayānanda Saraswati was an Indian philosopher, social leader and founder of the Aārya Samāj, a reform movement of Hinduism. His magnum opus is the book सत्यार्थ प्रकाश (Satyārth Prakāsh). He writes commentry on All 4 Vedas (Rug, Yajur, Sam, Atharv) in Gujarāti with Original Mantras, Verbatim Meaning with the Essence of the Meaning भावार्थ (Bhāvārth).

सांसो की माला पे सिमरु मै, सीताराम, ॐ का सुमिरन ॐ ... नैरंतर ध्यान

March 2025 ॐ इगण / चैत्र - २०८१



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		FEBRUARY 2025 S M T W T F S	APRIL 2025 S M T W T F S	देहम् नाहम् कोहम्? सोहम्! शिवोहम्!	I'm Body I'm Not Body Who Am I? I'm that! I'm GOD!	Maha Shivratri Bhajan 5 PM शिवोहम् ... सत् चिद् आनंद स्वरूपोहम् २ Ramkrushna Paramhans 1
२ चैत्र सुद 30 3	31 3	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30			
3 2 ४	3 ५	4 ७	5 ८	6 ९	7 १०	8
११ Day Light Saving Time Start आमलकी अेकादशी 9 १२	10 १३	11 १४	12 १५	होली Holi 6 PM	रंगाई जाने तु सत्संगमां	15
२ 16 3 St. Patrick's Day 17 ४	18 ५	19 ६	20 ७	१ धूलेटी फागण वद 14 २	15	22
९ 23 १०	24 ११	पापमोचनी अेकादशी 25 १२	26 १३	शिवरात्रि 27 १४	दर्श अमास 28 ३०	चैत्री नवरात्र गुडी पडवो 29

सर्व धर्म सन्मान ॐ ☆ ☽ ☾ ☿ ♀ ♁ ☿ ॐ Prasanna Chitte, Parmātmā Darshanam | To Realize GOD, Maintain Blissful Awareness ! (Vivek Chudāmani)

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श्री राम लक्ष्मण जानकी, जय बोलो हनुमानजी !

Ramayan is the Epic presenting Sri Ram as an ideal person as to how one should perform his Duty for Family, for the Enemy, for Devotees, for his Citizens. He is the 7th Incarnation of Lord Vishnu to establish the Truth, Righteousness in the Society.

राम रामेती रामेती, रमे रामे मनोरमे; सहस्रनाम ततुल्यं, रामनाम वरानने.



Hold नीज मनमुकुर सुधारी
रमे रामे मनोरमे



Inhale श्री गुरु चरण सरोज रज
श्री राम नाम रामेति

Exhale बरनी खुबखिभक्त
सहस्र नाम ततुल्य

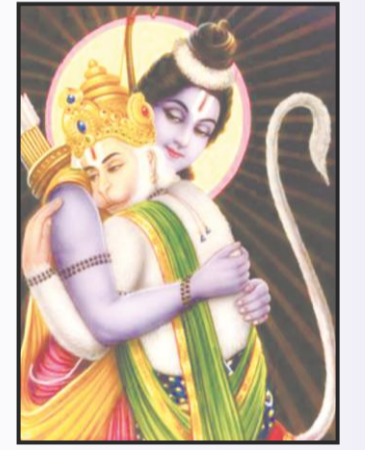
श्री राम नाम वरानये
Hold जो दायक फलचारी
ध्यान - Meditation 22 Min.



वीर हनुमान



ध्यान श्री हनुमानजी
ममता समता
क्षमता विनम्रता



Hanumanji's way of SEWA-Serving :
1. Mamtā - Love for the Cause,
2. Samatā - Equality,
3. Xamatā - To one's Capacity &
4. Vinamratā - with Utmost Humility.

ॐ ॐ ॐ ॐ Specially Designed for New York-Eastern Time Zone USA

बिनु सत्संग विवेक न होई,
राम कृपा बिनु सुलभ न सोई।

April 2025

चैत्र / वैशाख - २०८१



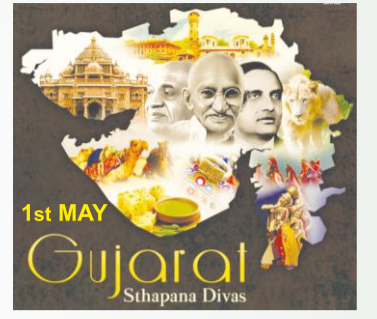
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MARCH 2025 S M T W T F S 30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	ॐ	४ चैत्र सुद 1 ५	2 ६	3 ७	अखंड रामायण Akhand Ramayan 6 PM	श्री राम नवमी भजन Ram Navmi Bhajan 5 PM
श्री राम नवमी Aarati 12 Noon श्री राम ही केवल प्रेम पीयारा				अहिंसा परमो धर्म।		Sundarkand 3 PM Maruti Mahayaga 4 PM श्री हनुमान भजन Hanuman Bhajan 5 PM
६ राम नवमी(वैष्णव) 6 १०	7 ११	८ कामदा अेकादशी 8 १२	9 १३	महावीर स्वामी जन्म उत्सव 10 १४	11 १५	श्री हनुमान जन्म उत्सव 12 १५
१ चैत्र वद 13 २	14 3	15 ४	16 ५	17 ६	Good Friday 18 ७	19 ८
७ Easter Sunday 20 ८	21 ९	22 १०	वसुधैव कुटुम्बकम् वसुधैव कुटुम्बकम् अेकादशी(रमा) 23 ११	वसुधैव कुटुम्बकम् अेकादशी(वै) 24 १२	25 १३	शिवरात्रि 26 १४
30 दश अमास 27 १	वैशाख सुद 28 २	परशुराम जन्म उत्सव अखा त्रीज 29 ३	30 ४	Shree Ram Parivar Sponsors : Bharatiben Jitubhai Patel, Savitaben Arvindbhai Patel, Smitaben Kaushikbhai Patel Hanumanji Sponsors: Patel Parivar Sarla Uttam Tara - Nikhil - Devan, Asha - Anup - Amira Madri Nilang Vohra		MAY 2025 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

सर्व धर्म सन्मान ॐ ॐ ॐ ॐ हनुमंत पद्धति : सेवाधर्म-ममता, समता, क्षमता और विनम्रता। ॐ सत्संग : हर पल प्रसन्नता यहि सर्वोत्तम भक्ति है। ॐ

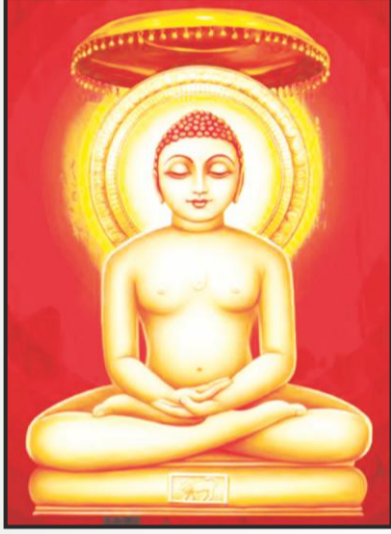
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Shree Satyanārāyan Dev



Hold ॐ-Kār
ध्यान - Meditation 22 Min.



Shree Mahāvīr Swāmi

Jainism :
Mahāvīr Swāmi 24th Tirthankar -
The Three Jewels of Jainism
are Right Perception, Right
Knowledge, and Right Conduct.
Equivalent of Nirvan is Kaivalya
Samādhi.



Shree Buddha Bhagwān

Buddha was born in Lumbini, Nepal. Left his wife
& young Rahul to Pursue his calling and came to
Nirvānā. His teachings followed that of Gyān Yog.
Buddham Sharanam Gachchhāmi, Sangham
Sharanam Gachchhāmi and Dharmam Sharanam
Gachchhāmi. Born on, Realized Nirvānā on and took
Mahā-Samādhi on Vaishakhi Punam - Full Moon day.



Jagatguru Shree Shankarāchāryā

Saviour of Hinduism some 1200
Years Ago. Wrote Many Hymns
during his 33 Years of Life.
Atma Shatakam, Many Shiv Stotram
& Bhaja Govindam are among
the Most known & revered.
Considered an Incarnation of Shiv.
Took MahāSamādhi in Kedārñāth.



Shree Rāmkrishna Paramhans

He was an Indian Hindu mystic and religious
leader in 19th-century Bengal. Swami Vivekānand's
Guru and Sri Shāradāmā - GuruPatni. Ramkrishna
experienced spiritual ecstasies from a young age,
and drew from several religious approaches,
including Intense Devotion for Mother Kali and
Mastered Tantra, Bhakti, Vaishnav and Advait
Vedānt, as well as alliances with Christianity and
Islam. He personally experienced and proved that
"So many paths to reach One and the same Goal."

ॐ ॥ Specially Designed for New York-Eastern Time Zone USA

सत् चिद् आनन्द स्वरूपोहम्, शिवोहम् शिवोहम् !
भज गोविन्दम्, भज गोविन्दम् ! - श्री शंकराचार्य

May 2025

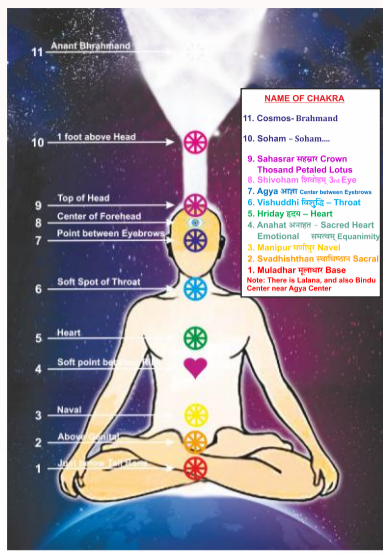
वैशाख / १६ - २०८१



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
APRIL 2025 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	Sponsor : Ambaben Balubhai Patel योग साधना सार :- निरंतर ॐ-कार ध्यान, २२ मिनट हररोज, सुबह / शाम १. आसन - खेचरी मुद्रा (जिह्वा को तालु से लगाना), पीठकी हड्डी सीधी, ध्यान आसन, शिवजी की शांभवी मुद्रा, ज्ञान मुद्रा २. प्राणायाम - निरंतर दीर्घ और गहरे साँस ३. प्रसन्नता - हलकीसी, सुमधुर मुस्कान - प्रपन्नता (शरणागति) के साथ ४. एकाग्रता - आज्ञाकेन्द्र में दीपज्योत और ॐ-कार की झाँकी ५. एकात्मता - साँसो की माला पे सिमरु में ॐ-कार.....	JUNE 2025 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	जय जय गरवी गुजरात आद्य शंकराचार्य जयंती गुजरात स्थापनादिन वैशाख सुद			श्री सत्यनारायण महापूजा Sri Satya Narayan Maha Puja 10 AM
८	4	५	6	७	8	9
मातृदेवो भव। Mother's Day व्रतनी पूर्णिमा	१५	१०	११	१२	१३	१४
९	18	19	20	21	22	23
श्री हनुमान चालीसा 108 X	२५	२६	27	28	29	30
१३	३०	१	२	3	४	५

सर्व धर्म एकता ॐ ॥ बुद्धम् - धर्मम् - संघम् शरणम् गच्छामि । प्रसन्न चित्ते परमात्मा दर्शनम् ! (विवेक चूडामणि)

BUSINESS SPONSORS : NE First Option Mortgage * Attorney Peter T. DaMore * Niru Yadav - Insurance * Darshana Patel - Realtor * Hot Breads * Navin Patel - Contractor * Aging Gracefully Together * EverGreen * Rasik Mehta - Photographer * SAHAJ Adult Foster Care * Pavan Patel - Realtor * AV JEWELS - C 5 DISTRIBUTORS * Neela Gandhi - Dentist * Realtor - Shailesh Shah * Dr. Sachin Patel * ActiveLife Day Care * Zaika - Restaurant * My TownHealth URGENT CARE * SPICELAND * IHOW - India House of Worship * Excel Dental - Chitrang * NY Life - Anil Patel * NATARAJA YOGA Center



Essence of YOGA Sādhana – Spiritual Practice :
 Be in ॐ Meditation ever ! Daily 22 Minutes, Twice / day

- 1. Posture** – Khechari Mudrā, Connecting Tongue - Tip to Palate, Seating Upright, in Meditative Posture, Eyes in Shāmbhavi Mudrā or closed, Gyān Mudrā,
- 2. Prānāyām** – Deeper, Slower Breathing,
- 3. Prasannatā** – SMILE - Blissful Awareness with **Prapannatā** (Attitude of Surrender to Divine !),
- 4. Ekāgratā** – Focussed Mind in Agnyā Center visualizing DeepJyot (Flame) in front of OM-Kār.
- 5. Ekātmatā** – Experiencing oneness with Divine through Synchronized Chanting "OM" with Breathing.

*** निरंतर प्राणायाम, निरंतर प्रसन्नता, निरंतर एकाग्रता, निरंतर ॐ का स्मरण, यही है निरंतर योग साधना ***



Gāyatri Mātā



Yoga for Harmony & Peace

Why 21st June : The Longest day of the Year !
 What is the Minimum we should do for our Health :

1. Surya Namskār 3 to 12 rounds per day.
2. Prānāyām : A. KapālBhāti - 15 to 30 Minutes a day.
 B. Anulom Vilom - same amount of time.
 C. Deeper Slower Ujjāi Breathing as much as possible.
 D. Bhṛmāri to create NO (Nitric Oxide) 15 times more, for Relaxation & strengthening Immunity !
3. Aāsana - Postures Practice - As required for Personal Health.
4. Dhyan - Minimum 22 Minutes a day, preferably twice a day.

Above All : Maintain Equanimity and Blissful Awareness for all waking Hours.

5. We must Master YOGA properly & practice every moment. **Prasannā Chitte Parmātma Darshanam.**

To realize God, maintain Blissful Awareness effortlessly.(Sahaj)

Gangā Avtaran

Gāyatri Dhyān
 Hold तत्सवितुर्वरेण्यं
 Inhale ॐ भूर्भुवः स्वः
 Exhale धियो यो नः प्रचोदयात्
 Hold धियो यो नः प्रचोदयात्
 ध्यान - Meditation 22 Min.

2025 SATSANG Center 32nd Anniversary

भक्ति Love समता Equality
 क्षमता Humility विनम्रता

1. Sri Krishna Says that I am Gāyatri Mantra in Chhanda.
2. Dhyān Yogi Sri MadhuSudan Dāsji suggests Reciting Gāyatri 100,000 times During NavRātri.

ॐ Bhur Bhuvah, Swaha, Tat Savitur Varenyam, Bharago Devasya Dheemahi, Dhiyo Yo Nah, Prachodayāt !



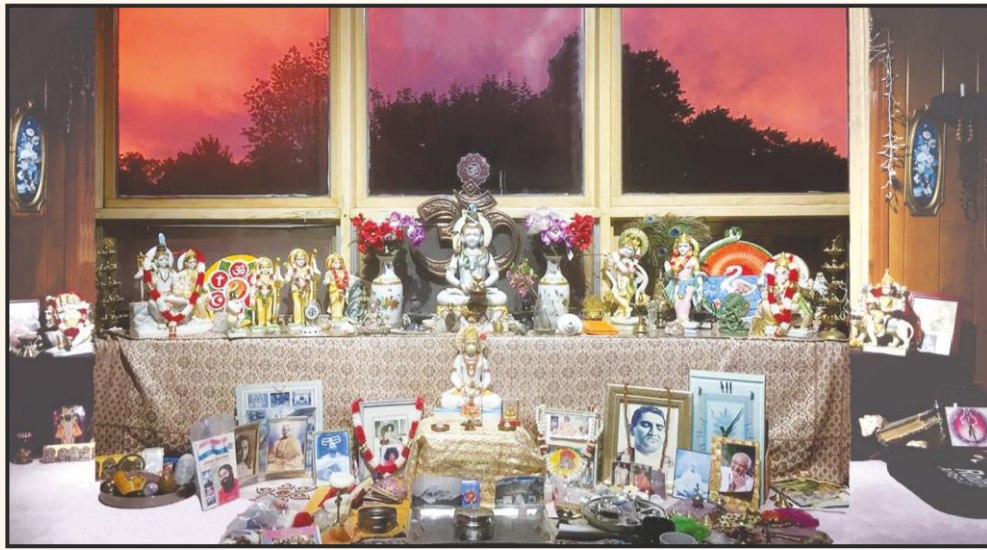
Gāyatri Mantra

Gāyatri Mahimā - Sādhak can accelerate spiritual journey to Self Realization through devotion to Gāyatri Mātā - the Supreme Divine Creative Energy. **God, Grant me the Serenity to Accept the Things I can not Change, the Courage to Change the Things I can, and the WISDOM to Know the Difference !** - Reinhold Niebuhr

Gāyatri Mantra is considered one of the Most Powerful Mantra to enlighten our WISDOM ! So Chant & Meditate on Gāyatri Mantra Daily specially for students ! At least 22 Min. a day.

ॐ ॥ Specially Designed for New York-Eastern Time Zone USA

ध्यान ही मोक्ष द्वार है ! Meditation is the way to Liberation !							June 2025	ॐ ॥ १६ / अषाढ - २०८१	सत्संग SATSANG
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
६ जेठ सुद 1 ७	2 ८	3 ९	4 १०	5 ११	६ १२	7 १३	२४ कुंडी गायत्री यज्ञ 24 Kundi Gayatri Yagya 5 PM		
१३	8 १४	9 १५ Sant Kabir	10 १६ जेठ वद	11 १७	12 १८	13 १९	International Day of Yoga		
४ पितृदेवो भव। Father's Day 15 ५	16 ६	17 ७	18 ८ Juneteenth	19 ९	20 १०	21 ११	योगिनी अंकादशी		
१२	22 १३	23 १४ शिवरात्रि	24 १५ दर्श अमास	25 १६ जय जगन्नाथ...	26 १७	27 १८	श्री हनुमान चालीसा 108 X		
५	29 ६	30 ७	Sponsors: Gayatri Mata Bhairavi-Rajiv, Arjun-Shannon Shivani, Anjali, Aanand; Trina - Sanjiv, Sana, Naya, Viva, Hannah-Sandeep-Kiran, Niru Sudhir Parivar In Memory of MadhuMati Pannalal Parikh			Pranayam Gayatri Mantra : Energy rising thru Seven Layers of Existence - Chakras. ॐ BhooHu (Muladhar - Base), ॐ Bhuvah (Swadhisthan - Sacral), ॐ Svaha (Manipur- Naval), ॐ Maha (Hriday - Anahat - Heart) ॐ Janah (Vishuddhi - Throat), ॐ Tapah (Agya - Eyebrow Center), ॐ Satyam (Sahstrar - Crown), ॐ Tatsu Vitur Varenyam, Bharagao Devasya Dheemahi, Dhiyo yo Nah, Prachodayat; * ॐ Aapah Jyoti Rasomrutam Bramha: ॐ SwahBhuvahBhuHu ॐ ! * Experiencing Showering of the Divine Grace thru Explosion of White Light!			
							JULY 2025		
							S M T W T F S		
							1 2 3 4 5		
							6 7 8 9 10 11 12		
							13 14 15 16 17 18 19		
							20 21 22 23 24 25 26		
							27 28 29 30 31		



Birth Place of SATSANG



SATSANG Darbār

Inhale ॐ Guru Mantra
 Hold ॐ गुरु मंत्र
 2025
 SATSANG Center
 32nd
 ANNIVERSARY
 Exhale ॐ Guru Mantra
 Hold ॐ गुरु मंत्र
 ध्यान - Meditation 22 Min.
 Your Guru Mantra

गुरु कृपा ही केवलम्, शिष्य परम मंगलम्।

गुरु पूर्णिमा
 ॐ गुरुब्रह्मा गुरुर्विष्णु
 गुरुर्देवो महेश्वरः।
 गुरुसाक्षात् परब्रह्म
 तस्मै श्री गुरुवे नमः॥
 के पावन अवसर पर मेरे सभी परम पुज्य गुरुओं के
 श्री चरणों में कोटि-कोटि नमन।

Jo Sat Bār Pāth Kar Koe, Chhoot He Bandi Mahā Sukh Hoe II 38
 Bāpu suggests to recite Sri Hanumān Chālisā 100 times on
 monthly Shivrātri night. It is 10 times as Māruti Mahā Yagya.
 Daily 11 times, Last one as Māruti Mahā Yagya.

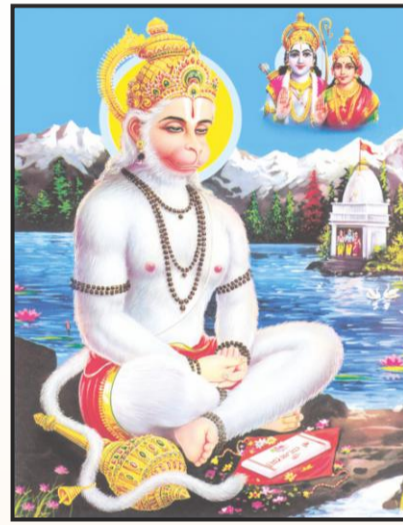


Swāmi Vivekānanda

Swāmi Vivekānanda Attained
 Mahā Samādhi on 4th July 1902,
 His Inspiration Continues.
 4th July is a memorable day,
 as on this day in the year 1902,
 Swāmi Vivekānanda, thinker,
 youth leader and a great
 prophet of modern India
 attained Mahā Samādhi at
 about 9:00 pm while he was
 in meditation.



Shree Guru's Lotus Feet



Dhyān Hanumānji



Sadguru-Hanumānji
 in Meditation

ॐ ॐ ॐ Specially Designed for New York-Eastern Time Zone USA

गुरु कृपा ही केवलम्, शिष्य परम मंगलम्।
 Only Grace of Guru is needed for
 Disciple's Auspicious Future!

July 2025



अषाढ / श्रावण - २०८१



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JUNE 2025 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	AUGUST 2025 S M T W T F S 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30				स्वामी विवेकानंद महासमाधि USA Independence Day	
		७ अषाढ सुद १	८	२	३	४ १० ५
				Guru is the Link Between GOD & US.		गुरु पूर्णिमा Guru Purnima 5 PM
६ देवपोढी अेकादशी गौरी व्रत शुरु ६	७	८ जया पार्वती व्रत शुरु ८	९ व्रतनी पूर्णिमा ९	१० गौरी व्रत पूर्ण गुरु पूर्णिमा १०	११ अषाढ वद ११	१२ जया पार्वती व्रत जागरण १२
पाटोत्सव 25 th Patotsav 8 AM Onward						
३ १३	४ १४	५ १५	६ १६	७ १७	८ १८	९ १९
			श्री हनुमान चालीसा 108 X		Shiv Abhishekam 7 PM	Shiv Abhishekam 4 PM
११ कामिका अेकादशी २०	१२ २१	१३ शिवरात्रि २२	१४ २३	३० दिवासो २४	१ शिव अभिषेक प्रारंभ श्रावण सुद २५	२ २६
Shiv Abhishekam 4 PM	Shiv Abhishekam 7 PM First Monday	Shiv Abhishekam 7 PM	Shiv Abhishekam 7 PM	Shiv Abhishekam 7 PM	July - Patotsav Title Picture Sponsors : In Honor of Guruji Brahmananda Sarswati – Dr. Ramamurthi Mishra – Niru Sudhir Mayurika Mitesh Mehta in Memory of – Bharatiben Arunbhai Desai Without Guru, No Gyaan (Experiential Knowledge of Self that will liberate us). He is True Guru, who would help us recognize our Inner Guru.	
३ २७	४ २८	५ नाग पांचम २९	६ रांधण छठ ३०	७ शीतला सातम ३१		

सर्व धर्म एकता ॐ सा विद्या या विमुच्यते। विद्या Knowledge is that Liperates us. Otherwise, it is just an Information!

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 AV JEWELS - C 5 DISTRIBUTORS Neela Gandhi - Dentist Realtor - Shailesh Shah Dr. Sachin Patel ActiveLife Day Care Zaika - Restaurant
 My TownHealth URGENT CARE SPICELAND IHOW - India House of Worship Excel Dental - Chitrang NY Life - Anil Patel NATARAJA YOGA Center

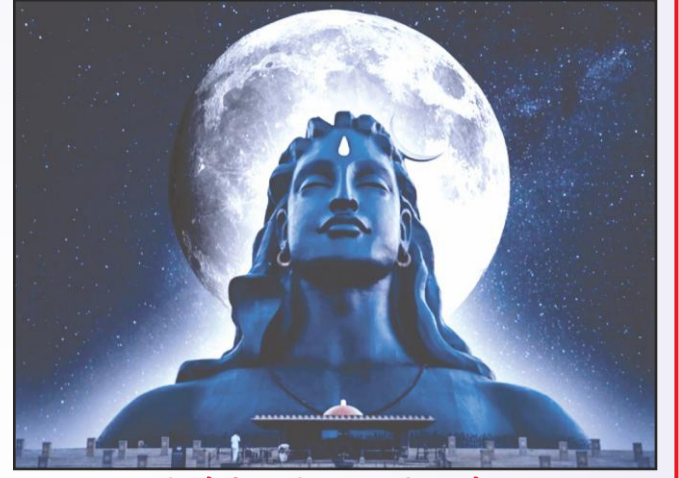


Jai Someshwer Mahādev जय सोमेश्वर महादेव।

Panoramic View



Sarveshwar Mahadev, Vadodara



आदि योगी, आदि गुरु, आदि महादेव !

Sri Krushnah Sharnam Mam
श्री कृष्णा शरणम् मम्
२०२५
SATSANG Center
32nd
ANNIVERSARY
Sri Krushnah Sharnam Mam
ध्यान - Meditation 22 Min.



Lāiji

- ॐ नमः शिवाय ॐ
- ॐ तत्पुरुषाय विद्महे महादेवाय धीमहि तन्नो रुद्रः प्रचोदयात् ॐ ॥
(शिव गायत्री मंत्र)
- योगेश्वराय महादेवाय, त्र्यंबकाय त्रिपुरांतकाय, त्रिकाग्नि कालाय, कालाग्नि रुद्राय, निल कंठाय मृत्युंजयाय, सर्वेश्वराय सदा शिवाय, सर्वेश्वराय महादेवाय, महादेवाय नमः (२), नमस्ते तु भगवान् (२)

४. ॐ हौं जूं सः, ॐ भूर्भवः स्वः;
ॐ त्र्यम्बकं यजामहे, सुगन्धिं पुष्टिवर्धनम्;
उर्वारुकमिव बन्धनान्, मृत्योर्मुक्षीय मामृतात्;
ॐ स्वः भुव भूः, ॐ सः जूं हौं ॐ ॥



विधि : ॐ सौराष्ट्रे सोमनाथं च श्री शैले मल्लिकार्जुन, उज्जैन्याम महाकालम्, ॐकारम् ममलेश्वरं, परल्यां वैजनाथं च डाकीन्यां भीमशंकरम्... ।
सेतु बंधे तु रामेशम् नागेशं दारुकावने, वाराणस्यां तु विश्वेशं त्र्यंबकं गौतमि तटे,
हिमालये तु केदारं, धृष्णेशं शिवालये, ऐतानी ज्योतिर् लिंगानीं,
सायं प्रातः पठेन्नर, सप्त जन्म कृतं पापं, स्मरनेन विनश्यति ॥
आवहयामि, स्थापयामि, पूजयामि, अभिषेक करिष्यामि, ध्यायामि... Begin Abhishek...



Shree Rādhā Krushna



Shree Krushna in Meditation

ॐ ॐ ॐ Specially Designed for New York-Eastern Time Zone USA

शिवनाम जो उच्चारें, सब पाप दोष हारे
ब्रह्मानंद ना विसारे, भवसिंधु पार उतारे

August 2025 ॐ श्रावण / भाद्रपद - २०८१



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	JULY 2025 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	August - Shraavan Title Picture Sponsors : भारतीभेन कमलभाई पंड्या, गीताभेन राजेन्द्रभाई त्रिवेदी, परेशाभेन हेमेशभाई आचार्य, अनसुयाभेन यंद्रकांतभाई शाह ॐ Namah Shivāy ॐ		SEPTEMBER 2025 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30			
31	31	1	2	3	4	5	
Shiv Abhishekam 4 PM	Shiv Abhishekam 7 PM Second Monday	Shiv Abhishekam 7 PM	Shiv Abhishekam 7 PM	Shiv Abhishekam 7 PM	Shiv Abhishekam 7 PM	Shiv Abhishekam 4 PM	
१०	३ ११ पुत्रदा अेकादशी	१२	१३	१४	१५ रक्षाबंधन	१६ श्रावण चद	
Shiv Abhishekam 4 PM	Shiv Abhishekam 7 PM Third Monday	Shiv Abhishekam 7 PM	Shiv Abhishekam 7 PM	Shiv Abhishekam 7 PM	भारत स्वातंत्र्य दिन Bharat Independence Day Shiv Abhishekam 7 PM	जन्माष्टमी महोत्सव Janmashtami 8 PM to 12:30 AM Shiv Abhishekam 4 PM	
२	१० ३ ११	४	५	६	७ शीतला सातम	८ श्री कृष्ण शरणं मम्	
Shiv Abhishekam 4 PM	Shiv Abhishekam 7 PM Fourth Monday	Shiv Abhishekam 7 PM	Shiv Abhishekam 7 PM	Shiv Abhishekam 7 PM श्री हनुमान चालीसा 108 X	Shiv Abhishekam 7 PM शिव अभिषेक पूर्णाहूति		
६	१० अजा अेकादशी(स्मा)	११ अजा अेकादशी(वै)	१२	१३	१४ शिवरात्रि	१५ पीठोरी अमास	
नंद महोत्सव	केवडा त्रीज पूजा Kevada Trij Puja 5 PM	श्री गणेश उत्सव Shree Ganesh Utsav स्थापना 6 PM मिथ्यामी दुःकडम	Ganesh Pujan 7 PM	Ganesh Pujan 7 PM	Ganesh Pujan 7 PM	भाद्रवा सुद	
२	२४ ३ केवडा त्रीज	२५ ४ गणेश चतुर्थी	२६ ५ ऋषि पांचम	२७ ५	२८ ६	२९ ७ ३०	
२	२४ ३ केवडा त्रीज	२५ ४ गणेश चतुर्थी	२६ ५ ऋषि पांचम	२७ ५	२८ ६	२९ ७ ३०	

सर्व धर्म सन्मान ॐ ॐ ॐ श्री कृष्ण शरणं मम्। श्री कृष्णं वंदे जगतगुरुम्। ☺ ॐ सत्संग : हर पल प्रसन्नता यहि सर्वोत्तम भक्ति है। ॐ ☺

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Shree Ganesh

NavRātri is Celebrated to honor ParāShakti - Transcendental Divine Energy. To win over our Tāmasik - Lethargic Tendencies, we worship Mother Kāli for first 3 days. **Mantra: ॐ Aim Hrim Klim Chāmundāi Vichchai ॐ.** To win over Rajasik (Over Active Tendencies), next 3 days are for Sri Laxmi (Goddess of Wealth and Prosperity!). **Mantra : ॐ Hrim Srim Klim MahāLaxmai Namah ॐ.** And for last 3 days, Sri Saraswati (Goddess of Knowledge and Art) to win over Sāt wik Tendencies !!! **Mantra : ॐ Hrim Srim Klim MahāSarasvatyai Namah ॐ.** Then we are really ready to Celebrate VijyāDasami - Daserā - 10th Day for Victory.



सब का साथ सब का विकास

Smiling with Humming !

मुस्कुराते रहो गुनगुनाते रहो, ये जीवन संगीत है स्वर सजाते रहो. हो सभी का भला ये करो कामना, मैली होने न पाये कोई भावना. लेने देने नहीं कुछ तकरार में, प्यार से ही सदा गुल खीलाते रहो ...

सत्य - श्री राम TRUTH - SRI RĀM
 प्रेम - श्री कृष्ण LOVE - SRI KRUSHNA
 करुणा - शिवजी COMPASSION - SHIVJI



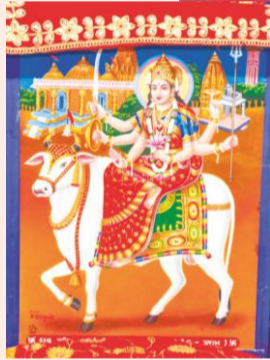
Jai Shree Ambe



Jai Shree Umiyāji



Jai Shree Bahucharāji



Jai Shree Kāli Mā

सिद्धि विनायक नमो नमः
 ॐ गणपतये नमो नमः
 गणपति बाप्पा मोरिया
 ध्यान - Meditation 22 Min.

Hold - Mahā Laxmi
 Inhale - Chāmundā
 Hold - Ved Mātā
 ॐ Hrim Ved Mātrybhyo Namah
 ध्यान - Meditation 22 Min.



Sant Sri Morari Babu
 Inspirer of SATSANG

ॐ ॥ ✪ ✪ ✪ Specially Designed for New York-Eastern Time Zone USA

रुमझुम करती आयी अंबे माँ हो मतवाली ।
 ईश्वर सत्य है, सत्य हि ईश्वर है ।

September 2025 ॐ भाद्रपद / आसो-२०८१



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUGUST 2025 S M T W T F S 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	Ganesh Pujan 7 PM Labor Day भाद्रवा सुद 1	Ganesh Pujan 7 PM 2 १०	Ganesh Pujan 7 PM परिवर्तिनी अेकादशी 3 ११	Ganesh Pujan 7 PM 4 १२	Ganesh Pujan 7 PM 5 १३	श्री गणेश भजन 5 PM Shree Ganesh Bhajan श्री गणेश विसर्जन Shree Ganesh Visarjan 7 PM 6 १४ आनंद चौदश
7 १५ प्रौष्ठपदी पूर्णिमा	Swami Shivananda's B'day 8 २ भाद्रवा वद	9 ३	10 ४	स्वामी विवेकानंद 1893 Chicago Address 11 ५	12 ६	13 ७ श्री हनुमान चालीसा 108 X
14 ८	15 ९	सत्य प्रेम करुणा Pujaya Morari Babu's B'day 16 १०	सब का साथ, सब का विकास Narendra Modiji's Birthday 17 ११ इन्दिरा अेकादशी	18 १२	19 १३	20 १४ शिवरात्रि
नवरात्रि महोत्सव Navratri Mahotsav 7 to 9:30 PM मातृ स्थापन 7 PM	रास गरबा 7 to 9:30 PM Daily Aarati 6:30 PM	रास गरबा 7 to 9:30 PM Daily Aarati 6:30 PM	रास गरबा 7 to 9:30 PM Daily Aarati 6:30 PM	रास गरबा 7 to 9:30 PM Daily Aarati 6:30 PM	रास गरबा 7 to 11 PM Daily Aarati 6:30 PM	रास गरबा 7 to 11 PM Daily Aarati 6:30 PM
30 सर्वपितृ अमास श्राद्ध 21 १	आसो सुद नवरात्र प्रारंभ 22 २	नवरात्रि NavRatri 23 ३	नवरात्रि NavRatri 24 ४	नवरात्रि NavRatri 25 ५	नवरात्रि NavRatri 26 ६	नवरात्रि NavRatri 27 ७
रास गरबा 7 to 11 PM Daily Aarati 6:30 PM	रास गरबा 7 to 9:30 PM Daily Aarati 6:30 PM	रास गरबा 7 to 9:30 PM Daily Aarati 6:30 PM आठम हवन 6 PM	September Title Picture Sponsors : मीनाबेन जयंतभाई साने पिया मानस चेटर्जी डॉ. अर्पणभेन & डॉ. मधुकरभाई शाह	Happy Ganesh Utsav		OCTOBER 2025 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
७ नवरात्रि NavRatri 28 ८	७ नवरात्रि NavRatri 29 ९	८ नवरात्रि NavRatri 30 १०				

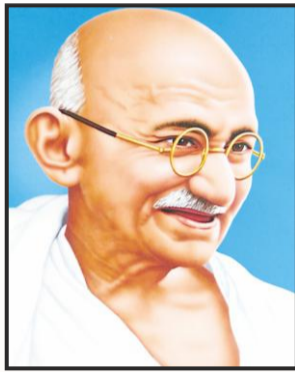
सर्व धर्म एकता ॐ ✪ ✪ ✪ ॐ गं गणपतये नमो नमः सिद्धि विनायक नमो नमः । अष्ट विनायक नमो नमः । गणपति बापा मोरिया ॥

BUSINESS SPONSORS : ✪ NE First Option Mortgage ✪ Attorney Peter T. DaMore ✪ Niru Yadav - Insurance ✪ Darshana Patel - Realtor ✪ Hot Breads ✪ Navin Patel - Contractor ✪ Aging Gracefully Together ✪ EverGreen ✪ Rasik Mehta - Photographer ✪ SAHAJ Adult Foster Care ✪ Pavan Patel - Realtor ✪ AV JEWELS - C 5 DISTRIBUTORS ✪ Neela Gandhi - Dentist ✪ Realtor - Shailesh Shah ✪ Dr. Sachin Patel ✪ ActiveLife Day Care ✪ Zaika - Restaurant ✪ My TownHealth URGENT CARE ✪ SPICELAND ✪ IHOW - India House of Worship ✪ Excel Dental - Chitrang ✪ NY Life - Anil Patel ✪ NATARAJA YOGA Center



Diwali Annakut Mahotsav

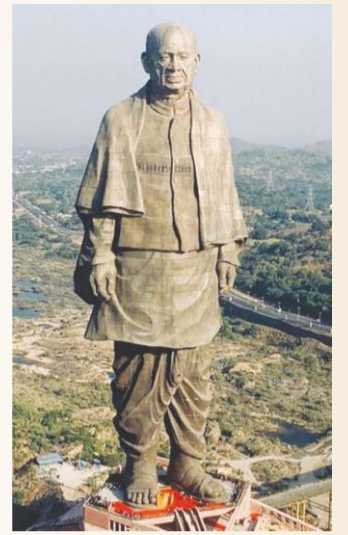
Diwali symbolises the spiritual "Victory of Light over Darkness, Good over Evil and Knowledge over Ignorance". Light is a metaphor for knowledge and consciousness. During the celebration, temples, homes, shops and office buildings are brightly illuminated. **1st day is Vāk Bārash** : Vāk means Saraswati devi. Not Vāgh (Tiger) Bārash. **2nd Day is Dhan Terash** : Day of Dhanvantari (God of Ayurved) - meaning a day of Health. **3rd day is Kāli Chaudash** : We celebrate with Māruti Māha Yagya and reciting Sundarkānd ! Day of Kāli Mā-Shakti (Power). **4th day is Diwāli** : Sri Laxmi (Goddess of Wealth & Prosperity) Pujan. She appeared during Ocean Churning By Divine and Demonic forces during Diwāli. Diwāli is also a Day when Sri Rām was coroneted in Ayodhyā in Tretā Yug. In Dwāpar Yug, on the Diwāli day, Shree Krushna destroyed the evil demon king Narakāsura, another symbolic victory of knowledge and good over ignorance and evil.



Best Mahatma Gandhi Quotes: My Life is My Message ! Truth is God, God is the Truth ! Mahatma Gandhi, the Father of the Nation (Bharat) is a popular iconic figure. He was a lawyer, politician, social activist and writer who dedicated his whole life to the freedom struggle of India. He wrote zillions of books, speeches and articles to inspire the youth. On the occasion of Gandhi Jayanti,



Jai Shree Ambe

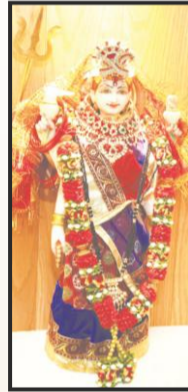


Sardār Vallabhabhai

The Statue of Unity is the world's tallest statue, with a height of 182 metres (597 feet). Patel was highly respected for his leadership in uniting 562 princely states of India to form the single Union of Bhārat.

Inspiring Quotes by Gandhiji :

1. Strength does not come from physical capacity. It comes from an indomitable will.
2. The best way to find yourself is to lose yourself in the service of others.
3. You must be the change you wish to see in the world.
4. First they ignore you, then they laugh at you, then they fight you, then you win.
5. Live as if you were to die tomorrow. Learn as if you were to live forever.



Pārvati Mātā



Ganesh

Lakshmi

Saraswati

ॐ ॐ ॐ Specially Designed for New York-Eastern Time Zone USA 🇺🇸 🇮🇳

या देवी सर्व भूतेषु (चैतन्य, बुद्धि, निद्रा, शक्ति, क्षमा, शांति, श्रद्धा, समृद्धि, मृदुता, संतोष) ... नमस्तस्यै (३) नमो नमः ।

October 2025



आसो / कार्तिक-२०८१/८२



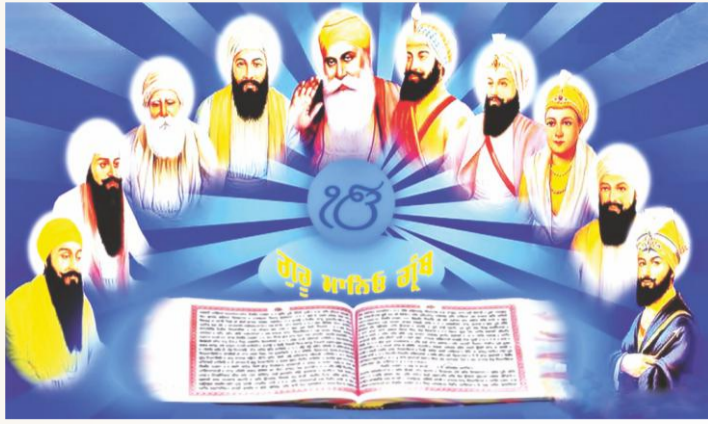
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>SEPTEMBER 2025</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6</p> <p>7 8 9 10 11 12 13</p> <p>14 15 16 17 18 19 20</p> <p>21 22 23 24 25 26 27</p> <p>28 29 30</p>	<p>October Title Picture Sponsors :</p> <p>ॐ कोर्पोरेशन</p> <p>गीतांजली राजीव शर्मा</p> <p>सुशीलाबेन मधुभाई पटेल</p> <p>ईदिराबेन (मुपेन्द्रभाई) पटेल</p> <p>विमुबेन रामछोभाई पटेल/संगीता (वासंती) नयनूर ठाकोर</p> <p>Happy NavRātri Mahā Utsav</p>	<p>रस गरबा 7 to 9:30 PM</p> <p>Daily Aarati 6:30 PM</p> <p>नवरात्रि NavRatri 1</p>	<p>रस गरबा 7 to 9:30 PM</p> <p>दशेरा - महाप्रसाद</p> <p>Daily Aarati 6:30 PM</p> <p>माताजी विदाय 8:30 PM</p> <p>गांधी जयंती 2</p> <p>दशेरा Dasherā 2</p> <p>करवा चोथ Karva Choth 7 PM</p>	<p>पाशांकुशा अेकादशी 3</p>	<p>4</p>	<p>5</p>
<p>6</p>	<p>शरद पूर्णिमा Sharad Purnima Aarati 6:30, Ras 7 PM ध्यान के लिए उत्तम पूर्णिमा</p> <p>शरद पूर्णिमा 6</p>	<p>आसो वद 7</p>	<p>8</p>	<p>करवा चोथ 9</p>	<p>10</p>	<p>11</p>
<p>12</p> <p>मारुति महायज्ञ Maruti Mahayagya 7 PM Sundarkand 8 PM श्री हनुमान चालीसा 108 X</p>	<p>13</p> <p>Columbus Day</p> <p>दिवाली, अन्नकूट Diwali, Annakut 5 PM Temple Open 8 AM In Bharat, Same Day</p>	<p>14</p>	<p>15</p> <p>In Bharat, Same Day Temple open 8 AM</p> <p>नूतन वर्षाभिनंदन बेसतु वर्ष - २०८२ भाईबीज</p>	<p>16</p> <p>रमा अेकादशी 16</p>	<p>17</p> <p>वाक् बारश 17</p>	<p>18</p> <p>धनतेरश 18</p>
<p>19</p> <p>काली चौदश 19</p> <p>Diwali Appreciation Dinner 3 PM</p>	<p>20</p> <p>दिवाली 20</p>	<p>21</p>	<p>22</p>	<p>23</p>	<p>24</p>	<p>25</p>
<p>26</p> <p>लाभ पांचम 26</p>	<p>27</p>	<p>जलाराम जयंती 28</p>	<p>29</p> <p>गोपाष्टमी 29</p>	<p>30</p>	<p>31</p> <p>Halloween 31</p>	<p>NOVEMBER 2025</p> <p>S M T W T F S</p> <p>30 1</p> <p>2 3 4 5 6 7 8</p> <p>9 10 11 12 13 14 15</p> <p>16 17 18 19 20 21 22</p> <p>23 24 25 26 27 28 29</p>

Respect All Religions ॐ ॐ ॐ मातृरूपेण संस्थिता नमस्तस्यै नमो नमः । सत्संग : प्रशांत मन, प्रसन्न चित्त और प्रपन्नता (ईश्वर शरणागति) ☺

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Symbol of Sikhism



1. Any time spent in other than Hari Naam Sankirtan is Tantamount to Waste !
2. Sai Formula for Realization :
Deham - I am body,
Nahaam - I am not the body,
Koham - then who am I ? ,
Soham - I am That (GOD-Divine Force!) This is the Method of self Inquiry !
- Bhagwan Sri Sathya Sai



Sri Sathya Sai

Swords, Dagger and Shield - this is the symbol of Sikhism, the youngest of the World Religions, founded by Sri Guru Nanak (1469-1538 A.D.). He was followed by nine more Gurus, with last one Sri Guru Govind Singh (1666-1708 AD). He declared that after him, Granth Saahib" consisting of Aadigranth and The Dasam-Granth, a compilation of the Teachings of the Sikh Gurus and the other Holy men - will take place of the Guru. Sikhism teaches that God is One and he can be easily pleased by devoted repetitions of His Name. Guru Govind Singh, perhaps the most Dynamic Guru established a new Order of militant Sikhs out of his Meek and Mild Followers. The guru called them Khaalsaa - "The Pure", and baptised them with water stirred by their daggers. Henceforth, the Sikhs (Sishya - Disciples) would all be one community with NO distinction of Caste or Sex. The Men will wear the five "Ks" 1. Kesh - uncut Hair, 2. Kaaca (short drawers), 3. Kara (Iron Bangle), 4. Kirpaan (Small Steel Dagger) and 5. the Kanghaa (Comb).

The swords, the Shield and the Dagger represents the maartial spirit of the Community.

They signify that a Sikh must be ready to fight and even Sacrifice his Life in defence of his Dharma and Faith.

Life is a Song - Sing it. Life is a Game - Play it.
Life is a Challenge - Meet it. Life is a Dream - Realize it. Life is a Sacrifice - Offer it.
Life is Love - Enjoy it.

सत्यमेव जयते (मुंडक उपनिषद्)
Truth is Triumphant

- सत्य - Truth
- धर्म - Righteous way
- शांति - Peace
- प्रेम - Love
- अहिंसा - Non violence



राम नाम में लिन है,
देखत सब में राम;
ताके पद वंदन करुं,
जय जय जय जलाराम !



Saint Jalaram Bapa



Tulsi Vivah

Plant the seeds of Love in your hearts. Let them grow in to trees of Service and shower the sweet fruit of Ānand. Share the Ānand with all. That is the proper way to celebrate the Birthday. - Sri Sathya Sai

There is only one language, the language of the Heart. There is only one religion, the religion of Love.



Govardhan Pujā



ॐ ✨ ✨ ✨ Specially Designed for New York-Eastern Time Zone USA 🇺🇸 🌿 🌸 ॐ

Start the Day with LOVE, Fill the day with LOVE, End the day with LOVE, that is the Way to GOD! - Sri Sathya Sai

November 2025 ॐ कार्तिक/मागशर-२०८२



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
गीता उत्सव-सर्व धर्म अेकता Geeta Utsav Unity of Religions 5 PM	DECEMBER 2025 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Title Picture Sponsor (Sri Sathya Sai): Niruben Jayantbhai Jhaveri Title Picture Sponsors (ShreeNathji) : पं० ज० भ० निरंजनभाई पटेल वर्धाभिन अनुभवभाई शाह Vidya and Narain Bhatia Ranjanben Ravliya, Kruti - Amalia - Paul, Preeti - Sanjay	शुद्धि दिवाली शुद्धि दिवाली	शुद्धि दिवाली शुद्धि दिवाली	शुद्धि दिवाली शुद्धि दिवाली	शुद्धि दिवाली शुद्धि दिवाली	जलाराम जयंती Jalaram Jayanti 5 PM
१० मोक्षदा अेका (स्मा) गीता उत्सव 30						११ देवउठी अेकादशी 1	
तुलसी विवाह Tulsi Vivah 11 AM							
१२ Day Light Saving Time End 2	१३	१४ देव दिवाली 4	१५ गुरुनानक जयंती 5	१६ कार्तिक वद 6	१७	१८	
५	९	१० कालभैरव उत्सव Veterans Day 11	११	१२	१३	१४	
		श्री हनुमान चालीसा 108 X				१५ उत्पत्ति अेकादशी 15	
१२	१६	१७	१८ शिवरात्रि 18	१९ दर्श अमास 19	२० मागशर सुद 20	२१	
Help Ever, Hurt Never! Love All, Serve All! Sathya Sai B'day							
३	२३	२४	२५	२६	२७ Thanks giving Day 27	२८ Black Friday 28	
३	२३	२४	२५	२६	२७	२८	

सर्व धर्म एकता ॐ ✨ ✨ ✨ Arjun, you have to be Yogi. - Krishna 😊 ॐ प्रसन्न चित्ते परमात्मा दर्शनम् ! (विवेक चूडामणि) 😊 ॐ

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सत्यमेव जयते – Truth is Triumphant !

सत्यम् परम् धीमहि – Highest Meditation is on Truth !!



गीता संदेश Geeta Message: तस्माद् योगी भव अर्जुन (६.४६) We all have to be Yogi.

राज योग RĀJ YOG - DHYĀN YOG – YOG OF WILL-POWER :

शनेः शनैः उपरमेत् बुद्ध्या धृतिगृहीतया, आत्मसंस्थं मनः कृत्वा, न किञ्चिदपि चिन्तयेत् । (६.२५)

with the Intellect Set in Steadiness, with the Mind fastened to the Self, let us Calm Down again and again; and attain quietude gradually, then let us NOT think of anything else.

समं कायशिरोग्रीवं धारयन्नचलं स्थिरः; संप्रेक्ष्य नासिकाग्रं स्वं दिशश्चान् अवलोकयन् (६.१३)

Let him hold the Body, Head and Neck (keeping it) upright, and still, gazing at the tip of the nose, without looking around like Dog ! दिशश्चान् अवलोकयन् - यारे जाञ्चु इतरानी माइक डाइजीया ना भारे !

ज्ञान योग GYĀN YOG – YOGA OF KNOWLEDGE :

प्रजहाति यदा कामान्, सर्वान् पार्थ मनोगतान्; आत्मन्येवात्मना तुष्टः स्थितप्रज्ञस्तदोक्ष्यते । (२.५५)

When a man abandons, O Parth, all the desires of the Heart and is satisfied in the Self by the Self; then he is said to be of Stable in Wisdom - स्थितप्रज्ञ (SthitPragya). Bhajan Book Page #. Geeta 2.54 to 2.72 – For Better Understanding. Swami Vidit Atmananda has 16 Hours of Teaching on this Important Matter of स्थितप्रज्ञ.

भक्ति योग BHAKTI YOG – YOGA OF DEVOTION – SURRENDER शरणागति :

सर्वथांन् परित्यज्य मामेकम् शरणं व्रजः; अहंत्वा सर्वं पापेभ्यो मोक्षयिष्यामि मा शुचः (१८.६६)

Renounce all Dharmas and take refuge in me Alone. I shall liberate you from all sins, grieve (Worry) NOT !

अंतकाले च मामेव स्मरन्मुक्त्वा कलेवरसुं च प्रयाति स भद्रावं याति नास्त्वत्र संशयः । (८.५)

And whoever, at the time of Death, leaving the body, goes forth remembering Me Alone; he attains Me (Our Isht Dev Or Devi); there is NO doubt about it !

कर्म योग KĀRM YOG – YOGA OF (SELFLESS) ACTION. Yog of Dexterity. Action in Relaxation :

(Bliss) ! Act We Must ! So act such away that it becomes Non – Binding Karm (Karm Yog).

कर्मण्येवाधिकारस्ते मा फलेषु कदाचन । मा कर्मफलहेतुः भूर्मा तो संगो स्वकर्मणि ॥ (२.४२)

Seek to Perform your Duty; but lay not claim to its Fruits. Be you not the producer of Fruits of Karm; neither shall lean towards Inaction, अकर्म.

योगस्थः कुरु कर्माणि संग त्यक्त्वा धनंजय । सिद्ध असिद्ध्योः समो भूत्वा समत्वं योग उच्यते ॥ (२.४८)

Perform Action, O Dhananjay, being established in Yog; renouncing attachment, and Even Minded to Success & Failure, Equanimity verily is Yog.

तस्माद् योगाय युज्यस्व, योगः कर्मसु कौशलम् (२.५०)

Devote yourself to Yog, Work done to Perfection (Utmost Dexterity !) is verily Yog.



Geeta Mātā



Shree Dattatray

Hold ॐ-Kār
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त्रि सत्य - आत्मा, परमात्मा, प्रकृति
 Be Good, See Good, Do Good !

December 2025 मागशर / पोष - २०८२



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NOVEMBER 2025 S M T W T F S 30 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	ॐ ११ मोक्षदा अेका(वै) 1	१३ 2	१४ 3	१५ श्री दत्तात्रेय उत्सव 4	१ मागशर वद 5	२ 6
3	7 ५	8 ६	4 ७	10 ८	11 ९	12 १०
१०	14 ११ सफला अेकादशी	15 १२	16 १३	17 १४	18 ३० शिवरात्रि	19 १ दश अमास
२ Shortest Day of Year 21	3 22	४ 23	५ 24	६ Christmas 25	७ 26	८ 27
९ 28	१० 29	११ पुत्रदा अेकादशी 30	१२ 31	UNITY OF RELIGIONS अेकम् सद, विप्राः वदन्ति बहुधा Truth (GOD) is One. Realized call them by different Names ! VEDAS ॐ Soham - So Aham - I am That - Hinduism ॐ 'I am' that 'I am' - Judaism ☆ 'I and My Father are One' - Christianity † 'There is One GOD, His name is Allah' - Islam ☪ 'ॐ Mani Padme Hum' - Buddhism ☸		JANUARY 2026 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

सर्व धर्म सन्मान ॐ ॐ ॐ Blessed are the pure in heart : for they shall see God. सत्संग : हर पल प्रसन्नता यहि सर्वोत्तम भक्ति है ।

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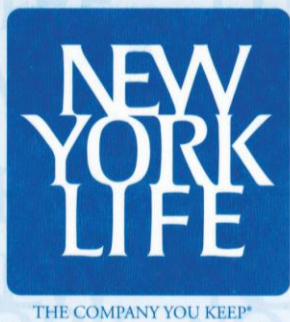
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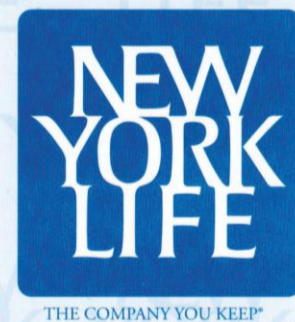
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